

**COMPILED REPORTS ON SEXUAL AND
REPRODUCTIVE HEALTH CARE
EDUCATIONAL PROGRAMMES
CONDUCTED
BY LINCOLN UNIVERSITY COLLEGE
MALAYSIA**

INTRODUCTION

Lincoln University College (LUC) is deeply committed to promoting the overall health and well-being of its students, aligning with the United Nations Sustainable Development Goal (SDG) 3 — Good Health and Well-Being. Recognizing that sexual and reproductive health (SRH) is a key component of holistic health, LUC ensures that students have access to both health-care services and educational support through its established health units — Poliklinik Lincoln and Mazura Healthcare, which operate under the university's supervision.

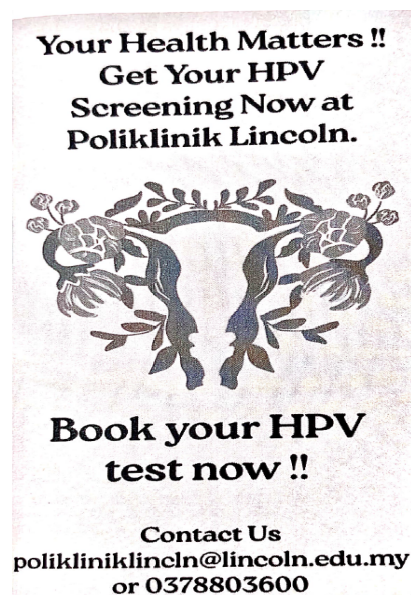
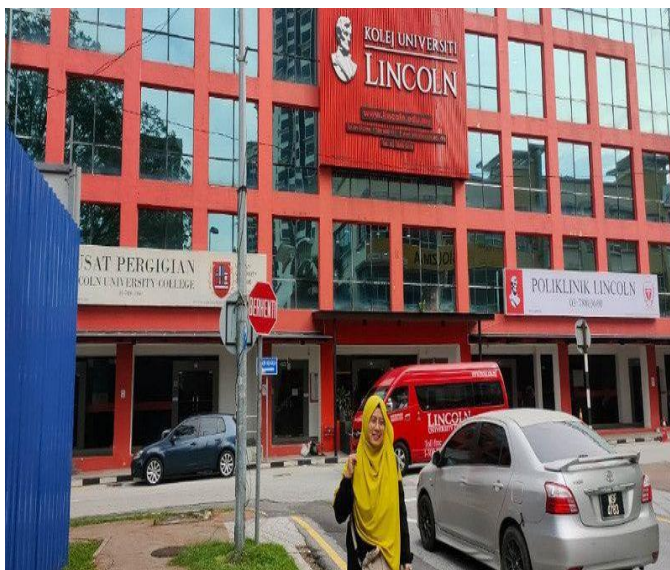
<https://posts.lincoln.edu.my/grand-opening-of-poliklinik-lincoln/>

Access to Health-Care Services

a. Poliklinik Lincoln

Poliklinik Lincoln, located within the university premises, serves as the primary health-care facility for students, staff, and the surrounding community. The clinic provides a range of medical and preventive health-care services, including:

Routine medical consultations and health screening.



<https://www.askara.co/read/2025/02/12/53409/perubahan-pendidikan-bagi-peserta-didik-untuk-menyiapkan-diri-di-dunia-kerja:-pembelajaran-berbasis-keterampilan>

Sexual and reproductive health-care services, such as counselling on family planning, menstrual health, contraception, and safe sexual practices.

Education and awareness programmes related to sexually transmitted infections (STIs) and preventive care.



Confidential consultations for students seeking reproductive or sexual health advice.

Poliklinik Lincoln plays a vital role in offering accessible and student-friendly health services, ensuring privacy, empathy, and professional support for all individuals seeking SRH-related care.



b. Mazura Healthcare

Mazura Healthcare, another unit affiliated with Lincoln University College, provides extended health-care services to students and the public. The facility complements the work of Poliklinik Lincoln by offering specialized care, preventive health education, and public health outreach.

Key areas of service include:

Reproductive health consultations and maternal health services.

Health promotion activities focused on adolescent and women's health.

Collaboration with academic faculties (especially Nursing and Public Health) to integrate SRH education into student learning and practical training.

Preventive health counselling sessions, which include safe motherhood, fertility awareness, and healthy relationship education.

Through these efforts, Mazura Healthcare ensures that the university community receives holistic, evidence-based, and compassionate reproductive health care.

3. Information and Educational Services

Lincoln University College integrates sexual and reproductive health education within its academic and co-curricular activities. The educational initiatives focus on increasing awareness, promoting responsible behavior, and empowering students with accurate information.

Key initiatives include:

Health awareness campaigns conducted in collaboration with Poliklinik Lincoln and Mazura Healthcare, covering topics such as STI prevention, reproductive anatomy, contraception, and gender-based health issues.



Health talks and seminars delivered by medical and nursing professionals to enhance student understanding of reproductive health rights and responsibilities.

Practical learning sessions for nursing and public health students, who participate in community health programmes addressing reproductive health education and awareness.

Confidential counselling services that ensure students can seek guidance safely and without stigma. These educational activities are designed to cultivate an informed student body that values both personal and community well-being.

4. Impact and Outcomes

Through the combined services of Poliklinik Lincoln and Mazura Healthcare, Lincoln University College has created an inclusive environment where students are:

Encouraged to seek accurate and responsible information about sexual and reproductive health.

Provided access to preventive and curative services to maintain their well-being.

Supported in building confidence and awareness about personal health choices.

This initiative reflects the university's dedication to health promotion, preventive care, and social responsibility within the campus community and beyond.

Lincoln University College demonstrates its commitment to student well-being by providing access to sexual and reproductive health-care services and education through Poliklinik Lincoln and Mazura Healthcare. These facilities not only deliver essential medical care but also serve as platforms for awareness, education, and empowerment.

By integrating health services with educational initiatives, LUC continues to uphold its mission of nurturing responsible, healthy, and knowledgeable individuals who contribute positively to society.

Memorandum of Agreement (MOA)

Between

Lincoln University College Student Affairs Unit

And

**Lincoln University College Polyclinic, Faculty of Medicine
and Health Sciences**



1. Purpose

The purpose of this Memorandum of Agreement (MOA) is to establish a collaborative framework between the Lincoln University College Student Affairs Unit and the Lincoln University College Polyclinic. This partnership aims to improve students' access to sexual and reproductive health-care services, thereby enhancing overall student well-being and aligning with the objectives of **Sustainable Development Goal 3 (SDG 3)**.

2. Objectives

- To provide accessible, comprehensive sexual and reproductive health services to students.
- To deliver educational programs on sexual and reproductive health issues.
- To foster a safe and supportive environment for discussing sexual and reproductive health concerns.

3. Scope of Collaboration

The Parties agree to collaborate on the following initiatives:

3.1 Free Access Services

- **On-Campus Health Clinics:** The Polyclinic will provide free sexual and reproductive health services, including STI testing, contraception counselling, and mental health support.
- **Workshops and Seminars:** The Student Affairs Unit will organize workshops and educational seminars on topics related to sexual and reproductive health, with the Polyclinic providing expert speakers and resources.

3.2 Charged Access Services

- **Specialist Consultations:** The Polyclinic will offer low-cost consultations for more specialized services (e.g., gynaecological exams, advanced contraceptive methods) with a fee structure to be determined.
- **Health Packages:** The Parties will create affordable health packages that include reproductive health services and wellness check-ups.

4. Roles and Responsibilities

Each Party has defined roles and responsibilities to ensure the successful implementation of this agreement:

Lincoln University College Student Affairs Unit:

- **Promote Health Services:** Actively promote the availability of sexual and reproductive health services to students through various channels, including newsletters, social media, and campus events.
- **Organize Events:** Coordinate educational programs, health fairs, and awareness campaigns in collaboration with the Polyclinic.

- **Collect Feedback:** Gather student feedback on health services provided and relay this information to the Polyclinic for continuous improvement.

Lincoln University College Polyclinic:

- **Provide Medical Services:** Deliver sexual and reproductive health services on campus, ensuring accessibility and confidentiality for students.
- **Training and Support:** Train health professionals and staff on delivering youth-friendly sexual and reproductive health services.
- **Conduct Health Assessments:** Monitor and evaluate the effectiveness of the health services offered, including tracking student engagement and health outcomes.

5. Confidentiality

Both Parties agree to maintain the confidentiality of all sensitive information pertaining to students and the services provided, in accordance with applicable laws and regulations.

6. Duration and Termination

This MOA shall be effective for a period of **three (3) years** from the date of signing and may be extended by mutual agreement. Either Party may terminate the agreement with at least **ninety (90) days** written notice to the other Party.

7. Dispute Resolution

Any disputes arising from this MOA shall be resolved amicably through discussions between the Parties. If resolution is not achieved, the Parties may seek mediation.

8. Amendments

This MOA may be amended only by written agreement of both Parties.

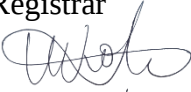
This **MOA** outlines the collaborative framework between the **Student Affairs Unit** and the **Polyclinic**, focusing on improving access to sexual and reproductive health-care services for students. By fostering a partnership aimed at enhancing student well-being, both entities can contribute significantly to achieving **SDG 3** objectives within the university community.

9. Signatures

For Lincoln University College Student Affairs Unit

Name: Mr. Mohd Nikmat Bin Wahib

Position: Registrar

Signature: 

Date: 23rd of April 2024

For Lincoln University College Polyclinic

Name: Dr Zarina Binti Awang

Position: Senior Consultant

Signature: 

Date: 23rd of April 2024

Memo

April 25th 2024

To: All Students

From: Student Affairs Department

Subject: Access to Sexual and Reproductive Health-Care Services

We are pleased to announce that the **Student Affairs Unit** has officially signed a **Memorandum of Agreement (MOA)** with the **Lincoln Polyclinic** to enhance your access to essential **sexual and reproductive health-care services**. This partnership aims to support your health and well-being as part of our commitment to providing comprehensive services aligned with **Sustainable Development Goal 3 (Good Health and Well-Being)**.

Key Highlights of the MOA:

- **Free Access to Services:** Students will have access to a range of free services, including counseling on sexual and reproductive health, contraception advice, and STI testing. This initiative aims to ensure that all students have the opportunity to receive the care they need without financial barriers.
- **Workshops and Educational Programs:** Regular workshops will be conducted on various topics related to sexual and reproductive health. These sessions will be designed to provide you with valuable information, foster open discussions, and encourage healthy practices.
- **Confidentiality:** All services provided will be confidential, ensuring that your privacy and comfort are prioritized.
- **Referral Services:** The Polyclinic will offer referrals for any additional specialized care you may require, ensuring a holistic approach to your health.

How to Access These Services:

1. **Visit the Lincoln Polyclinic:** Students can drop in during clinic hours for consultations or to ask questions.
2. **Schedule Appointments:** To manage your time effectively, we encourage you to schedule an appointment through the Student Affairs Office or directly with the Polyclinic.
3. **Participate in Workshops:** Keep an eye on announcements regarding upcoming workshops and events focusing on sexual and reproductive health topics.

Your health and well-being are our top priorities, and we encourage you to take advantage of these resources. Should you have any questions or need further information, please do not hesitate to reach out to the **Student Affairs Department**.

Thank you for your attention, and we look forward to supporting you in your health journey.

Student Affairs Department

Lincoln University College





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DKU016 (B)



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REPRODUCTIVE HEALTH CARE
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MALAYSIA**



SUSTAINABLE DEVELOPMENT GOALS
17 GOALS TO TRANSFORM OUR WORLD



2023 – 2024





LINCOLN UNIVERSITY COLLEGE MALAYSIA

GOOD HEALTH AND WELL-BEING POLICY DOCUMENT



GOOD HEALTH AND WELL-BEING



Policy Statement

Lincoln University College (LUC) emphasis on clean and unblemished environment, essential for human health and well-being. The motivation behind this policy is to develop a protected and healthy workplace that advances the wellbeing and versatility of LUC staff, by making a working environment culture and condition that qualities, supports and advances projects and arrangements that improve the physical, and emotional well-being and prosperity of employees

Policy Objective:

- ✚ To make and continue a prosperous network culture that teaches, spurs and enables occupants and colleagues to embrace and keep up solid way of life practices.
- ✚ Provide guidance and data about limiting dangers to wellbeing
- ✚ Provide staff and students access to sexual and reproductive health-care services including information and education services such as workshops, seminars and conferences.
- ✚ Outline explicit obligations.
- ✚ Educate staff about the causes, impacts and the executives of stress
- ✚ Develop in association with the employee's guilds systems proposed to improve wellbeing at work.
- ✚ Provide applicable help to staff, specifically guaranteeing directors are both proactive what's more, react in an opportune way to concerns raised by staff and associations.
- ✚ Provide free sexual and mental health counseling facilities to both students and staff.

LUC commitments



- + Lincoln University College recognizing the interdependence of health and development, the Sustainable Development Goals (SDGs) provide an ambitious, comprehensive plan of action for people, planet and prosperity and for ending the injustices that underpin poor health and development outcomes.
- + Lincoln University College aspires to ensure health and well-being for all, including a bold commitment to end the epidemics of AIDS, tuberculosis, malaria and other communicable diseases. It also aims to achieve universal health coverage and provide access to safe and effective medicines and vaccines for all. Supporting research and development for vaccines is an essential part of this process as well as expanding access to affordable medicines.
- + Raise awareness within the workplace about issues that impact on health and wellbeing, including the health benefits of physical activity, healthy eating and mental health advocacy programs.
- + Provide staff and students access to sexual and reproductive health-care services including information and education services.
- + Create and advance a positive and evenhanded work environment condition through sexual and reproductive health workshop.
- + Promote and energize staff cooperation in proactive projects and administrations that help the physical, nourishing, and psychological well-being, prosperity and work life balance activities at work and outside the work environment
- + Promote active implementation and promotion of the principles and behaviors contributing to positive staff wellbeing.
- + Encourage support in and permit time for wellbeing and prosperity projects and exercises
- + Develop and encourage participation in a situation that supports and empowers incidental movement for example, sitting time regulations, strolling meetings, taking the stairs instead of elevators.
- + Healthy nourishment and drink choices are given, supported and open at occasions, capacities and gatherings.
- + Consider supporting staff interest in wellbeing and prosperity projects and exercises through arrangement of financing.
- + Implement appropriate control measures to minimize risks to health and wellbeing.
- + Monitor and audit arrangements in an effort to improve the quality of the working environment.
- + Raise awareness of the causes, signs and symptoms of stress and stress-related illness, and of the ways in which the University supports individuals.
- + Provide training to all managers on the Health & Wellbeing Policy and how to use it effectively.
- + Educate employees in techniques for recognizing and coping with potentially stressful situations.

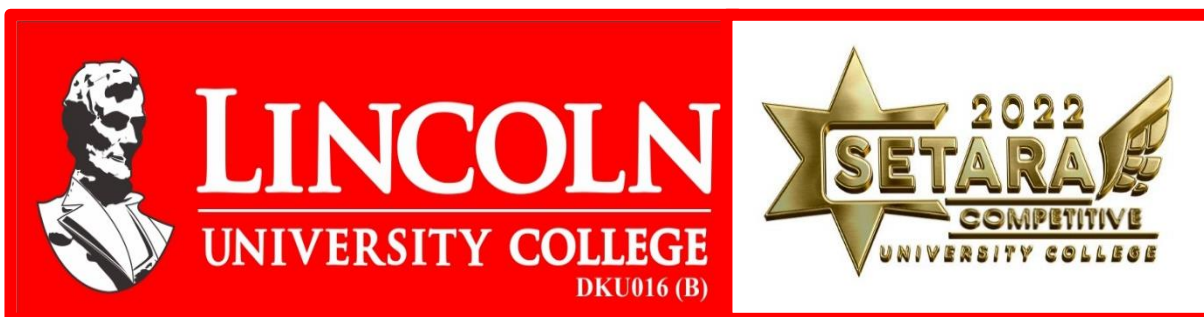
Policy Date: 16th July 2015

Review date: 15th August 2024

Approved by:
Human Resources Department



DRAFT COPY



SEXUAL HEALTH PROGRAMME SERIES

"IMPACT OF PSYCHOLOGICAL FACTORS IN SEXUAL LIFE"



**ORGANIZED BY LINCOLN UNIVERSITY COLLEGE,
MALAYSIA**

2024



LINCOLN
UNIVERSITY COLLEGE



KNOWLEDGE
ENRICHMENT
**FREE OF
COST**



IMPACT OF PSYCHOLOGICAL
**FACTORS IN
SEXUAL LIFE**
SEXUAL HEALTH PROGRAMME



FOR REGISTRATION
CONTACT:
INFO@LINCOLN.EDU.MY



DATE

10 TH JANUARY 2024



TIME

10 AM TO 12 PM



MODE OF DELIVERY

HYBRID (ONLINE & PHYSICAL)

RESOURCE PERSON

**MS. SABIAH BINTI ABDUL
RAHIM**

LECTURER , FACULTY OF NURSING
LINCOLN UNIVERSITY MALAYSIA



WWW.LINCOLN.EDU.MY

REPORT OF OUTREACH ON HEALTH AND WELLBEING

Programme : **SEXUAL HEALTH PROGRAMME**

Topic : **IMPACT OF PSYCHOLOGICAL FACTORS IN SEXUAL LIFE**

Date : **10th of January 2024**

Resource Person : **Ms. Salbiah Binti Abdul Rahim**
Lecturer, Faculty of Nursing, Lincoln University College,
Malaysia

Content : **1. Psychological factors in safe sexual life**
2. Mind swinging and mental disturbances
3. Physical impacts on psychological disturbances
4. Management of sexual psychological factors
5. Social awareness on sexual life and psychological factors

No. of participants : **31**

Mode of delivery : **Face to Face**

Attachment : **Event Pictures**



Prepared by
Secretary, Faculty of Nursing,
Lincoln University College, Malaysia





LINCOLN
UNIVERSITY COLLEGE
DKU016 (B)



SEXUAL HEALTH PROGRAMME SERIES

"SEX EDUCATION FOR A BETTER SOCIETY"



**ORGANIZED BY LINCOLN UNIVERSITY COLLEGE,
MALAYSIA**

2024



Sex Education For A Better Society

Sexual Health Programme



07-02-2024

10:00 AM- 12:00 PM



Resource Person

Ms. Sajuchiam Ayampillay

Faculty of Nursing,

Lincoln University College, Malaysia



Mode of Delivery

Hybrid (Online & Physical)



www.lincoln.edu.my



Knowledge
Enrichment

**Free of
Cost**

For Registration, Contact
info@lincoln.edu.my

REPORT OF OUTREACH ON HEALTH AND WELLBEING

Programme : **SEXUAL HEALTH PROGRAMME**

Topic : **SEX EDUCATION FOR A BETTER SOCIETY**

Date : **7th of February 2024**

Resource Person : **Ms. Sajuchiam Ayampillay**
Faculty of Nursing, Lincoln University College,
Malaysia

Content : **1. Importance of Sex Education**
2. Social Impact of Sex Education
3. Management of Social Stigma in Sex Education
4. Reflection of Sex Education in Safe Sexual Life

No. of participants : **23**

Mode of delivery : **Physical**

Attachment : **Event Pictures**

Prepared by:



Prepared by
Secretary, Faculty of Nursing,
Lincoln University College, Malaysia





LINCOLN
UNIVERSITY COLLEGE
DKU016 (B)



SEXUAL HEALTH PROGRAMME SERIES

"SAFE SEX FOR PREVENTION OF STD"

**3 GOOD HEALTH
AND WELL-BEING**



**ORGANIZED BY LINCOLN UNIVERSITY COLLEGE,
MALAYSIA**

2024



LINCOLN
UNIVERSITY COLLEGE
WILKINSON ROAD, SINGAPORE



SAFE SEX FOR PREVENTION OF STD

SEXUAL HEALTH PROGRAMME

RESOURCE PERSON

Mrs. H.M.D Priyadarshani Senavirathna
Nursing Officer, Lanka Hospitals,
Elvitigala Mawatha, Narahenpita,
Colombo, Sri Lanka

Mode of Delivery

Hybrid (Online & Physical)

.....
Knowledge Enrichment
Free of Cost



06-03-2024
10:00 AM- 12:00 PM



For Registration, Contact:



info@lincoln.edu.my



www.lincoln.edu.my



REPORT OF OUTREACH ON HEALTH AND WELLBEING

Programme : SEXUAL HEALTH PROGRAMME

Topic : SAFE SEX FOR PREVENTION OF STD

Date : 6th of March 2024

Resource Person : Mrs. H.M.D PRIYADARSHANI SENA VIRATHNA
Nursing Officer, Lanka Hospitals, Elvitigala Mawatha,
Narahenpita, Colombo, Sri Lanka

Content : 1. Importance of Sex Education
2. Social Impact of Sex Education
3. Management of Social Stigma in Sex Education
4. Reflection of Sex Education in Safe Sexual Life

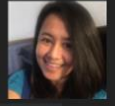
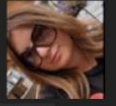
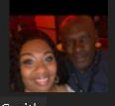
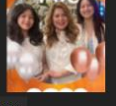
No. of participants : 45

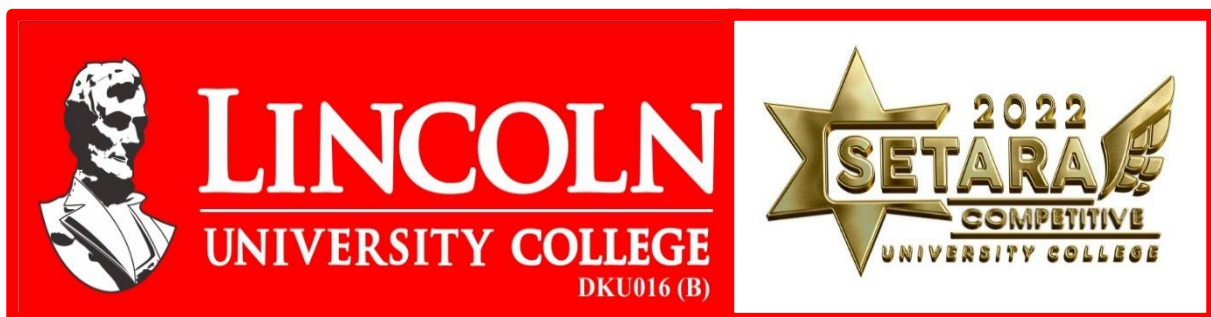
Mode of delivery : Online

Attachment : Event pictures

Prepared by
Secretary, Faculty of Nursing,
Lincoln University College, Malaysia



 Lincoln University College, Malaysia	Ayman Moham... Ayman Mohammed	Eka Eka	Bader Ali Alanazi Bader Ali Alanazi	 Sultanah
Fatimah Aljohani Fatimah Aljohani	iPhone Mashael iPhone Mashael	Abeer Alfuraydi... Abeer Alfuraydi	Ahmed Yousif Ahmed Yousif	Fatemah Alshakhs Fatemah Alshakhs
Zannatul ferdous Zannatul ferdous	SALEH OMAR B... SALEH OMAR BABATTAT	Irni Setyawati Irni Setyawati	Junaid Hashmi Junaid Hashmi	sarah sarah
Rana Rizwan UI... Rana Rizwan UI Haq	 Nojod Alharthi	Kamaruddin Kamaruddin	Hina Sardar Hina Sardar	Dian Dian
Kosgamage Pra... Kosgamage Prarthana Upwmali W...	Adel obaid Al s... Adel obaid Al sharari	ALBALAWI ALBALAWI	Hajja jummai U... Hajja jummai Umar	 Mesfer Alsubaie
 Bambi Pabalan	 The Fierce Life	 Lovi Hayden	 Den Dominguez	 Tanja Muzdeka
Carmen Sandoval Carmen Sandoval	iPhone iPhone	 Tammy Smith	Justin Lee Justin Lee	 solita hines
iPhone iPhone	Iphone user Iphone user	Jessie Lian Jessie Lian	Antonio Medrano Antonio Medrano	Maria Cristina F... Maria Cristina F. Lumauag
Lorraine Lorraine	kk kk	Mary Chun Lum... Mary Chun Lumauag	 Lih Mei Tan	OPPO A31 OPPO A31



SEXUAL HEALTH PROGRAMME SERIES

"ROLE OF EDUCATORS IN SOCIAL SEXUAL LIFE AWARENESS"



ORGANIZED BY LINCOLN UNIVERSITY COLLEGE, MALAYSIA

2024



LINCOLN
UNIVERSITY COLLEGE
INCORPORATED



Knowledge Enrichment
Free of Cost

Role of Educators In **Sexual Life Awareness** Sexual Health Programme

RESOURCE PERSON

Prof. Dr. Faridah Binti Mohd Said
Faculty of Nursing
Lincoln University Malaysia



DATE

17TH APRIL 2024



TIME

10 AM TO 12 PM



MODE OF DELIVERY

HYBRID (ONLINE & PHYSICAL)



WWW.LINCOLN.EDU.MY



**FOR REGISTRATION
CONTACT:
INFO@LINCOLN.EDU.MY**

REPORT OF OUTREACH ON HEALTH AND WELLBEING

Programme : SEXUAL HEALTH PROGRAMME

Topic : ROLE OF EDUCATORS IN SOCIAL SEXUAL LIFE AWARENESS

Date : 17th of April 2024

Resource Person : Prof. Dr. Faridah Binti Mohd Said
Faculty of Nursing, Lincoln University College, Malaysia.

Content :
1. Importance of Sex Education
2. Social Impact of Sex Education
3. Management of Social Stigma in Sex Education
4. Reflection of Sex Education in Safe Sexual Life

No. of participants : 41

Mode of delivery : Physical

Attachment : Event pictures

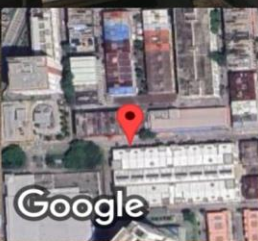


Prepared by
Secretary, Faculty of Nursing,
Lincoln University College, Malaysia



 GPS Map Camera

Petaling Jaya, Selangor, Malaysia
12-18, Jalan SS 6/12, Ss 6, 47301 Petaling Jaya, Selangor, Malaysia
Lat 3.104962°
Long 101.598621°
08/08/24 10:06 AM GMT +08:00





LINCOLN
UNIVERSITY COLLEGE
DKU016 (B)



SEXUAL HEALTH PROGRAMME SERIES

**"SAFE CONTRACEPTIVES FOR HEALTHY FAMILY
PLANNING"**



ORGANIZED BY LINCOLN UNIVERSITY COLLEGE, MALAYSIA

2023



FREE OF COST

SAFE CONTRACEPTIVES FOR

HEALTHY FAMILY PLANNING

SEXUAL HEALTH PROGRAMME



RESOURCE PERSON

MRS. H.M.D PRIYADARSHANI SENAVIRATHNA
NURSING OFFICER, LANKA HOSPITALS
ELVITIGALA, MAWATHA, NARAHENPITA
COLOMBO, SRI LANKA.

 **DATE**
6TH DECEMBER 2023

 **TIME**
10 AM TO 12 PM

 **MODE OF DELIVERY**
HYBRID (ONLINE & PHYSICAL)

 WWW.LINCOLN.EDU.MY

**FOR REGISTRATION
CONTACT:
INFO@LINCOLN.EDU.MY**

REPORT OF OUTREACH ON HEALTH AND WELLBEING

Programme : SEXUAL HEALTH PROGRAMME

Topic : SAFE CONTRACEPTIVES FOR HEALTHY FAMILY PLANNING

Date : 6th of December 2023

Resource Person : Mrs. H.M.D PRIYADARSHANI SENA VIRATHNA
Nursing Officer, Lanka Hospitals, Elvitigala Mawatha,
Narahenpita, Colombo, Sri Lanka.

Content : 1. Different Contraceptive Methods
2. Temporary and Permanent Contraceptives
3. Benefits of Contraceptive Methods
4. Social Awareness on Contraceptive Methods
5. Better Contraceptive Methods for Healthy Sexual Life

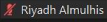
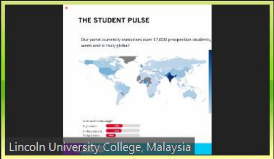
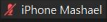
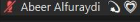
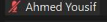
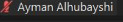
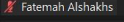
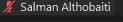
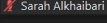
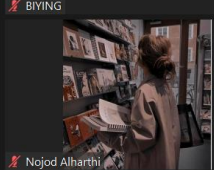
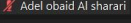
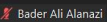
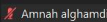
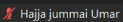
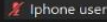
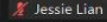
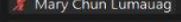
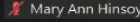
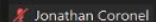
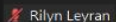
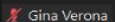
No. of participants : 44

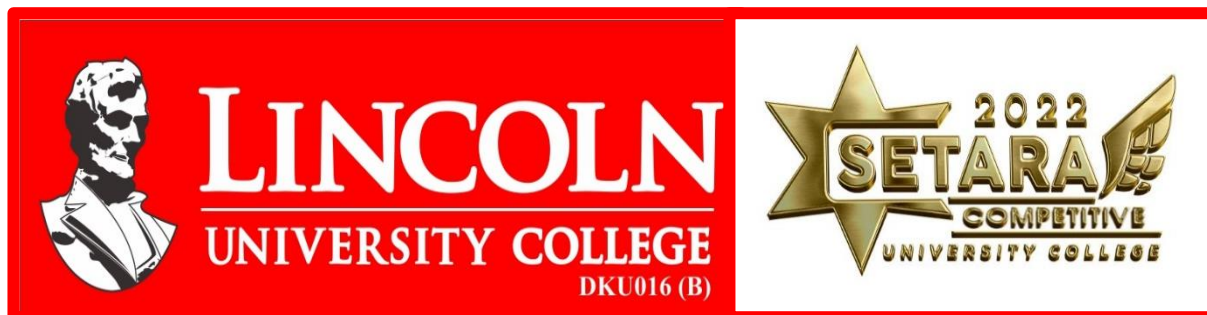
Mode of delivery : Zoom Platform

Attachment : Event Pictures

Prepared by
Secretary, Faculty of Nursing,
Lincoln University College, Malaysia



Riyadh Almulhis 	 Lincoln University College, Malaysia	muna Alharbi 	iPhone Mashael 	ALBALAWi 
Abeer Alfuraydi... 	Ahmed Yousif 	Ayman Alhubay... 	Fatemah Alshakhs 	Salman Althobaiti 
Sarah Alkhaibari 	BIYING 	Saleh Omar 	Hina Sardar 	Adel obaid Al sh... 
 Rana Rizwan Ul haq	 Nojod Alharthi	Bader Ali Alanazi 	Amnah alghamdi 	Hajja jummai U... 
iPhone 	 Tammy Smith	Justin Lee 	 solita hines	iPhone 
Iphone user 	Jessie Lian 	Antonio Medrano 	Maria Cristina F.... 	Lorraine 
kk 	Mary Chun Lum... 	 Lih Mei Tan	OPPO A31 	KOMATHI 
Mary Ann Hinsoy 	uuuriahjeannn 	Gigi 	Cass 	 Fatima Joy L.Duhaylungsod
 roy	Jonathan Coronel 	Rosella Te 	Rilyn Leyran 	Gina Verona 



SEXUAL HEALTH PROGRAMME SERIES

"SEXUALLY TRANSMITTED DISEASES AND PREVENTION"

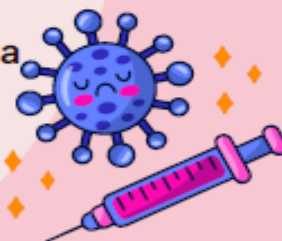
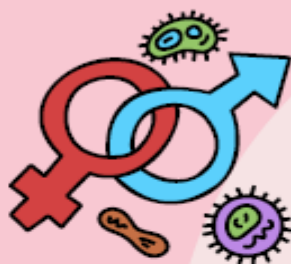


ORGANIZED BY LINCOLN UNIVERSITY COLLEGE, MALAYSIA

2023

Sexually Transmitted Diseases and Prevention

Sexual Health Programme



Resource Person

Mrs. H.M.D Priyadarshani Senavirathna
Nursing Officer, Lanka Hospitals,
Elvitigala Mawatha, Narahenpita,
Colombo, Sri Lanka

Contact
info@lincoln.edu.my
for Registration

Knowledge Enrichment
FREE OF COST



Date

8th November 2023



Time

10:00 AM - 12:00 PM



Mode of Delivery

Hybrid (Online & Physical)



www.lincoln.edu.my

REPORT OF OUTREACH ON HEALTH AND WELLBEING

Programme : SEXUAL HEALTH PROGRAMME

Topic : SEXUALLY TRANSMITTED DISEASES AND PREVENTION

Date : 8th of November 2023

Resource Person : Mrs. H.M.D PRIYADARSHANI SENA VIRATHNA
Nursing Officer, Lanka Hospitals, Elvitigala Mawatha,
Narahenpita, Colombo, Sri Lanka.

Content : 1. Values of Safer Sex
2. Prevention of STD
3. Health Impact of STD
4. Socio-economic Burden of STD
5. Preventive Measures for STD

No. of participants : 48

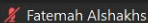
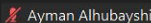
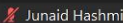
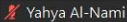
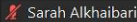
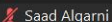
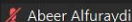
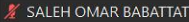
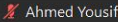
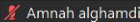
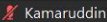
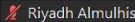
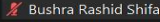
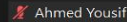
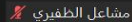
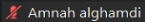
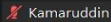
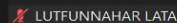
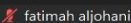
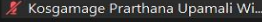
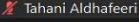
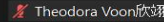
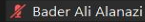
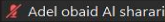
Mode of delivery : Zoom Platform

Attachment : Event Pictures

Prepared by:

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Lincoln University College, Malaysia



Fatemah Alshakhs 	Lincoln Universi... 	iPhone 	Ayman Alhubay... 	Junaid Hashmi 
Yahya Al-Nami 	fathi 	 Mesfer Alsubaie	Sarah Alkhaibari 	 Rana Rizwan Ul haq
BIYING 	 MoNa AlQurashi	Saad Alqarni 	Abeer Alfuraydi 	 Sultanah
Irni 	SALEH OMAR B... 	Bushra Rashid S... 	XURAN 	Ahmed Yousif 
مشاعل الطفيري 	Amnah alghamdi 	Kamaruddin 	Riyadh Almulhis 	LUTFUNNAHAR... 
 Sultanah	Irni 	SALEH OMAR B... 	Bushra Rashid S... 	XURAN 
Ahmed Yousif 	مشاعل الطفيري 	Amnah alghamdi 	Kamaruddin 	Riyadh Almulhis 
LUTFUNNAHAR... 	Wardah 	Eka 	iPhone 	fatimah aljohani 
 Nojod Alharthi	 abdulaziz al motaliri	Kosgamage Pra... 	saddam 	Tahani Aldhafeeri 
Theodora Voon... 	Bader Ali Alanazi 	Adel obaid Al s... 	Dian 	sarah 



LINCOLN
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DKU016 (B)



SEXUAL HEALTH PROGRAMME SERIES

"SAFETY MEASURES ON PROTECTIVE SEXUAL LIFE"

**3 GOOD HEALTH
AND WELL-BEING**



ORGANIZED BY LINCOLN UNIVERSITY COLLEGE, MALAYSIA

2023

Hybrid (Online & Physical)

REPORT OF OUTREACH ON HEALTH AND WELLBEING

Name : **SEXUAL HEALTH PROGRAMME**

Topic : **SAFETY MEASURES ON PROTECTIVE SEXUAL LIFE**

Date : **4th of October 2023**

Resource Person : **Ms. Pathmavathi A/P Annamalai**
Faculty of Nursing, Lincoln University College,
Malaysia.

Content : **1. Values of Safer Sex**
2. Prevention of STD
3. Health Impact of STD
4. Socio-economic Burden of STD
5. Preventive Measures for STD

No. of participants : **45**

Mode of delivery : **Hybrid (Online & Physical)**

Attachment : **Event Pictures**

Prepared by
Secretary, Faculty of Nursing,
Lincoln University College, Malaysia







LINCOLN
UNIVERSITY COLLEGE
DKU016 (B)



SEXUAL HEALTH PROGRAMME SERIES

"TOWARDS BETTER LIFE"

**3 GOOD HEALTH
AND WELL-BEING**



**ORGANIZED BY LINCOLN UNIVERSITY COLLEGE,
MALAYSIA**

2023



LINCOLN
UNIVERSITY COLLEGE
ESTD 1991



Free
of
Cost

Sexual Health Programme Towards Better Life

Date - 6th September 2023
Time - 10:00-12:00 PM



Mode of Delivery

Hybrid (Online & Physical)

Resource Person

Prof. Dr. Faridah Binti Mohd Said
Faculty of Nursing,
Lincoln University Malaysia



www.lincoln.edu.my

For Registration,
Contact: info@lincoln.edu.my

REPORT OF OUTREACH ON HEALTH AND WELLBEING

Name : SEXUAL HEALTH PROGRAMME

Topic : TOWARDS BETTER LIFE

Date : 6th of September 2023

Resource Person : Prof. Dr. Faridah Binti Mohd Said
Faculty of Nursing, Lincoln University College,
Malaysia.

Content : 1. Values of Safer Sex
2. Prevention of STD
3. Health Impact of STD
4. Socio-economic Burden of STD
5. Preventive Measures for STD

No. of participants : 35

Mode of delivery : Hybrid (Online & Physical)

Attachment : Event pictures

Prepared by:

Prepared by
Secretary, Faculty of Nursing,
Lincoln University College, Malaysia



